



SPOTLIGHT: CETA LAY COUNSELORS

MEET THE LAY COUNSELORS



Individuals with mental illness are four to eight times as likely to be infected with HIV worldwide. The Common Elements Treatment Approach (CETA) integrates mental health and HIV/AIDS counseling services to strengthen adherence and retention outcomes in Beira, Mozambique.

Meet the lay counselors at the forefront of engaging and connecting patients to care.

Celina Aguilha

Celina is a native of Beira, Sofala Province. Celina is excited to join the CETA team because it enables her to learn a new counseling model to treat people with mental problems. When she is not training on the CETA project, Celina likes to watch cartoons.



Felizmenta Cossa

Originally from Inhambane City, Inhambane Province, Felizmenta is thrilled to join the CETA team because counseling has always been a passion of hers. Felizmenta's loves to help others solve their problem with compassion and care. When she is not working on the CETA project, Felizmenta likes to sing, help children, and care for elderly people.



Francisco Manuel

Francisco wanted to join the CETA team because he liked learning a new treatment model that will help people with a range of mental health problems. In his free time, this Beira native likes to chat with the youth on his local radio show.



Gerson Moises

Gerson believes that the CETA model will not only help others, but will also help him in his own personal development. The CETA training has helped him understand more about mental health and has helped him apply these skills to overcome his own problems in life. When he is not training on the CETA project, this Beira native enjoys chatting with friends.



Ika Maibeque

Originally from Beira, Sofala Province, Ika is excited to join the CETA team because it gives her a new experience and more knowledge in life. When she is not training on the CETA project, Ika likes to meet new people and exchange experiences.



Inês Gustavo

Inês is excited to join the CETA team because she believes in the CETA model and feels it can help HIV+ people overcome mental health obstacles. This Chimoio native likes to go to church and listen to music in her free time.



José Meque

José is excited to join the CETA team because he believes this tool will help his community in Beira acquire new knowledge that will help them overcome their challenges. One of José's favorite activities is listening to music and reading the bible.



Mariana Ferro

Mariana is proud to be a CETA team member because she enjoys learning new concepts as a counselor. When she is not training on the CETA project, Mariana likes to sing prayers.



Francisco Mentiroso

Francisco is thrilled to be recruited into the CETA team because he enjoys the other CETA counselors and likes that they help one another. During his free time, Francisco likes to play soccer and chat with friends.



Minória Mentira

Originally from Beira, Sofala Province, Minória likes being a CETA Counselor because she believes that the model will truly help people. When she is not training on the CETA project, Minória likes to spend time with her friends.



Páscoa Malfaque

Páscoa Malfaque enjoys learning and applying novel mental health concepts to individuals in her community. When she has a bit of quiet time, Páscoa likes to read books and watch TV.



Salimo Chitumbalo

This Inhambane native was excited to be recruited to the CETA team because he finds it interesting that this new concept and experience helps folks from all over the world. When he is not training on the CETA project, Salimo likes to play soccer.